

HARFORD COUNTY SENIOR CENTERS

LUNCH MENU - DECEMBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAL RESERVATION PROCESS: To order a meal for a particular day, add your name to the Lunch Sign-Up Sheet no later than 10:00 a.m. TWO (2) working days in advance. To order a meal designated as a "Special Lunch" (SL) (December 2, 9, 16, and 30), you must sign up no later than 10:00 a.m. FIVE (5) working days in advance. If you missed the sign-up deadline, your name can be added to the lunch list as a "Standby" on the day of the lunch. Please see the front desk.				
		1. TURKEY PASTA SALAD Corn Muffin Split Pea Soup Tropical Fruit Apple Juice Chocolate Milk	2. (SL) Sign up by 11/23 PORK CHOP w/Dijon Sauce Yellow Rice Pilaf Diced Beets Mandarin Oranges White Wheat Bread Grape Juice Milk	3. CHICKEN FAJITAS Mexican Rice Diced Peaches Pineapple Juice Milk
6. ROAST TURKEY w/Gravy Mashed Potatoes Tropical Beets Corn & Pea Salad White Wheat Bread Tropical Fruit Milk	7. CHEESEBURGER MAC & CHEESE Cinnamon Apples Mixed Vegetables Apple Juice Fruited Yogurt w/Crisp	8. CURRIED CHICKEN SALAD Over a Bed of Spinach Multi Bean Soup Mandarin Oranges Pepper Slaw Dinner Roll Chocolate Milk	9. (SL) Sign up by 12/2 ROASTED STUFFED CHICKEN White & Wild Rice Seasoned Wax Beans Butterscotch Pudding Apple Juice Milk	10. BBQ PORK LOIN On a Bun Baked Beans Pineapple Tidbits Orange Juice Milk
13. CHICKEN CORDON BLEU CASSEROLE White & Wild Rice Blend Seasoned Wax Beans Diced Peaches White Wheat Bread Cranberry Juice Milk	14. CLASSIC SOFT TACO Southwest Cabbage & Corn Salad Mexican Rice Orange Juice Milk	15. ROAST TURKEY w/Gravy Mashed Potatoes Dilled Carrots White Wheat Bread Fruit Cup Apple Juice Chocolate Milk	16. (SL) Sign up by 12/9 BRATWURST ON ROLL Sauerkraut Peach Crisp Fruit Juice Milk	17. ALL CENTERS CLOSED FOR STAFF DEVELOPMENT
20. ROAST PORK LOIN w/Onion Gravy Braised Red Cabbage Lima Beans White Wheat Bread Fruit Cocktail Fruit Punch Chocolate Milk	21. SALISBURY STEAK w/Gravy Parslied Mashed Potatoes Harvard Beets Amish Navy Bean Salad White Wheat Bread Grape Juice Milk	22. OLD BAY CHICKEN SANDWICH Green Pea Salad Glazed Carrots Orange Juice Milk	23.  ALL CENTERS CLOSED	24.  ALL CENTERS CLOSED
27. BBQ PORK RIBLET Yellow Rice Pilaf Seasoned Peas & Carrots Cucumber & Onion Salad White Wheat Bread Cranberry Juice Milk	28. POT ROAST OF BEEF w/Horseradish Cream Sauce Seasoned Greens Whole Wheat Roll Mandarin Oranges Apple Juice Milk	29. BONSAI VEGGIE BURGER Cream of Broccoli Soup Red Cabbage Slaw Apricot Halves Chocolate Milk	30. (SL) Sign up by 12/23 TILAPIA MEDITERRANEAN White & Wild Rice Dilled Carrots Peas & Pearl Onions Butterscotch Pudding Grape Juice & Milk	31.  ALL CENTERS CLOSED

Vegetarian lunch option is available; Please see the front desk for details and to sign up. Lunch is served at 12:00 p.m. in the dining room. An 8 oz. carton of milk is served with each meal. Lunch cost: Age 60 and over: **\$3.00** is the suggested donation. Under Age 60: There is a **\$5.00** charge for lunch.

Barry Glassman
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